



# MEMOIR- Creating enriching experiences

CLASS VII Newsletter

JUNE 2021



# GLIMPSES

## ACADEMIC STATION

- LINGUAFUN – How many languages are there on the Note of Reserve Bank of India
- EUREKA – Animals showing adaptation to their environment
- TECHONOLOGY-Online platform work on different languages

## CO SCHOLASTIC ARENA

- CANVAS – FATHER'S DAY CELEBRATION
- CHILD LABOUR DAY
- WORLD OCEAN DAY
- DESIGNS IN THE TRIANGLE
- FIT JOCK- INTERNATIONAL YOGA DAY
- SOULFUL- WORLD MUSIC DAY

## TÊTE-À-TÊTE

- PARENTS
- TEACHERS
- SCHOLARS

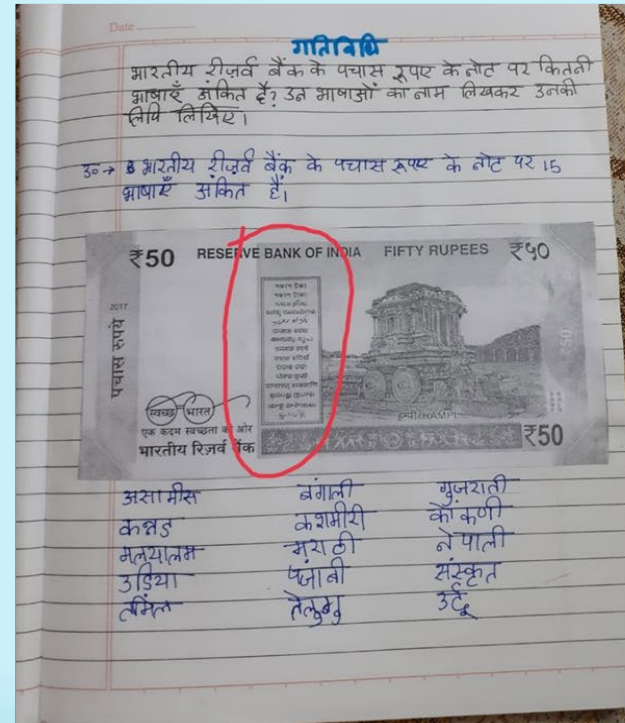
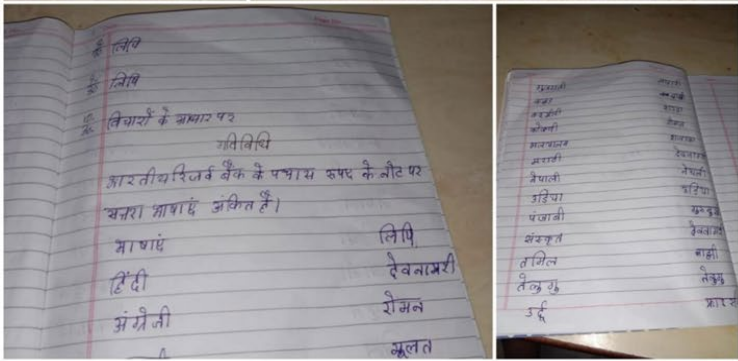
## WARM WISHES

- BIRTHDAY WISH

## GOING THE EXTRA MILE

- WORKSHOPS / ENRICHMENT PROGRAMME FOR TEACHERS

# भारतीय रिजर्व बैंक के रुपए के नोट पर कितनी भाषाएं अंकित हैं ? उन भाषाओं का नाम लिखकर उनकी लिपि लिखिए ।



उद्देश्य : भारतीय भाषाओं व लिपि के ज्ञान में वृद्धि

# Animals showing adaptation to their environment



**BRIGHTLY COLORED**  
Reddish-brown bodies come in an impressive palette of colors ranging from gold and blue, black, green and even purple. Because of their iridescent and vibrant color schemes, they're sometimes called "stone frogs."

**LONG MATING SEASON**  
When it's time to mate, the frog makes loud, long, wailing noises that can be heard for miles. When the males often sing for hours, sometimes to bleed, lasting up to 50 percent of their body weight!

**FRRIENDLY GREETINGS**  
Some species perform what looks like a "hand" wave to one another to say hello. Because their thumbs, made from the same cartilage that forms the webbing between their fingers, are tucked under the rest of their hand, they can't wave with their hands.

**ASIDE TO ASIDE**  
Many species are hard to tell apart, but they do have one key difference: their skin. Some are smooth and some are bumpy. During the breeding season when they all come down to the stream, it's a matter of general rules.

**ON THE SMALL SIDE**  
The smallest species of toad frog is the smallest frog in the world. It's only 1.5 centimeters long, about the size of a human thumb, and it lives in a small stream.

**Stripes on the Fur**  
The stripes on the body are the stripes on the fur. They are the stripes on the fur. They are the stripes on the fur.

**Eyes to the Front**  
The eyes are positioned on the front of the head, allowing for better depth perception when hunting for prey.

**Longer back legs**  
The back legs are longer than the front legs, which helps the tiger jump and run quickly.

**Leaky skin**  
The skin is leaky, which helps to reduce the chance of injury when prey attacks.

**Muscular build**  
The muscular build helps the tiger to catch and hold prey.

**Long, retractable claws**  
The claws are long and retractable, which helps the tiger to grip and hold prey.

**Rough tongue**  
The rough tongue is used to peel skin and flesh from bones while feeding.

**shaggy ears**

**small eyes**

**big black nose**

**grayish fur**

**rough pads for gripping eucalyptus trees**

**females have pouch to carry young (marsupial)**

**5-fingered hands, 2 of the fingers are thumb-like**

### Polar Bear

**Polar bears rely on sea ice to live, travel and hunt.**

**Small bumps on their forepaws, called papillae, help them grip the ice.**

**Their fur is hollow and transparent. It reflects visible light and looks white, reflecting the same.**

**As they are well insulated, they can overheat if they try to move too quickly. They tend to walk slowly whenever possible.**

**They have two layers of fat and thick layer of body fat to keep them warm.**

**They are strong swimmers and glide to travel between icebergs and catch prey.**

**Their skin is black, this helps them absorb heat.**

**Long Eyelashes**  
- help to keep sand out of eyes

**Starchy Nostrils**  
- keep out the sand

**Leathery Mouth**  
- help camel eat spiky plants!

**Long legs**  
- keep camel off the hot sand - help to keep cool.

**Hair on back to protect against sun!**

**Hump for storing food!**

**Packed Feet**  
- stop sinking into sand

**Lateral line system** (sensory organ system)

**Operculum** (gill cover)

**Pectoral fins** (paired)

**Photophores** (light-emitting organs found on some fish)

**Dorsal fin**

**Fat fin**

**Caudal peduncle** (narrow body region that connects the main body to the caudal fin)

**Pelvic fins** (paired)

**Anal fin**

**Caudal fin**

### Red Kangaroo

**Large upright ears** can be used to hear sounds from a long distance.

**Small mouth** has a long, sharp tooth that is used to chew and digest food.

**Large hind legs** are used for jumping.

**Small front legs** are used for holding onto branches and eating leaves.

**Large feet** are used for jumping.

**Large tail** is used for balance and support.

**Large pouch** is used to carry young.

**Large nose** is used for breathing.

# POLAR REGION AND ITS DECREASING AREA

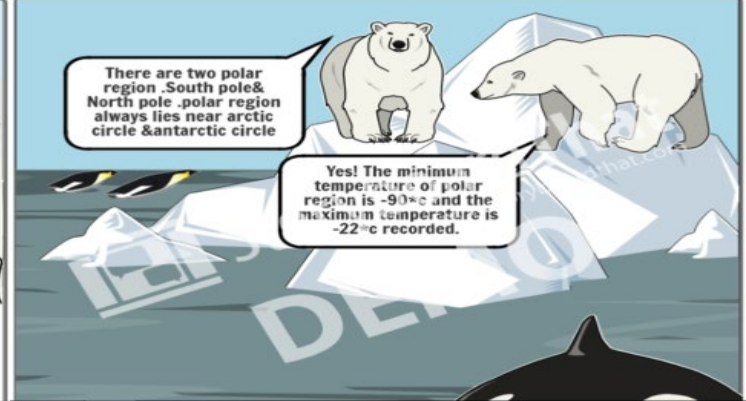
## ANIMALS OF POLAR REGION



## WEATHER OF POLAR REGION



## POSITION OF POLAR REGION



## DECREASING HABITAT



## SAVE THE POLAR REGION



## INCREASE IN TEMPERATURE



# Class 7 - Computer Project work

Activity : Do one survey based on Online Platforms work on different languages (Zoom & Ms Teams)

Activity of the Month : - Various platforms based on different languages.

Q1. Identify the languages on which both online Educational platform works- Zoom and Microsoft Teams?

Q2. Write steps Or show how to upload any assigned work on Microsoft teams' app.

Q3. Write steps to change the background in Microsoft teams.

Q4. Where do we see all the meetings created in Microsoft Teams?

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RUDRA - VII A

KHUSHBU VII C

SRISHTI VII D

TEJAL VII A

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DEEPANKAR VII A

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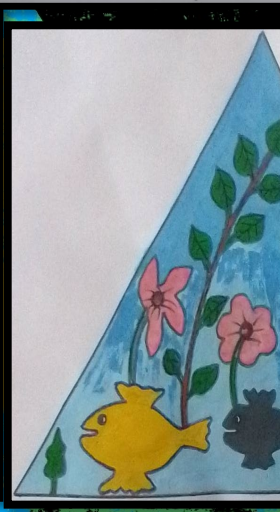
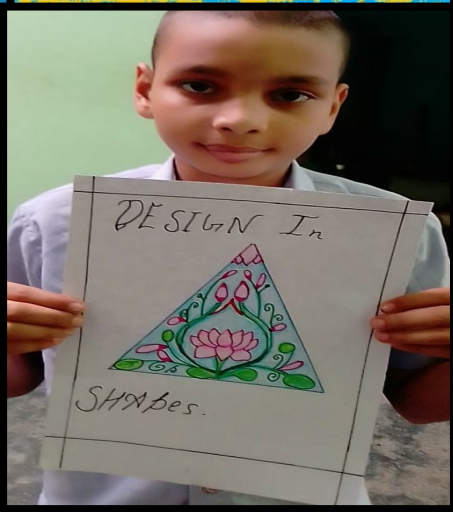
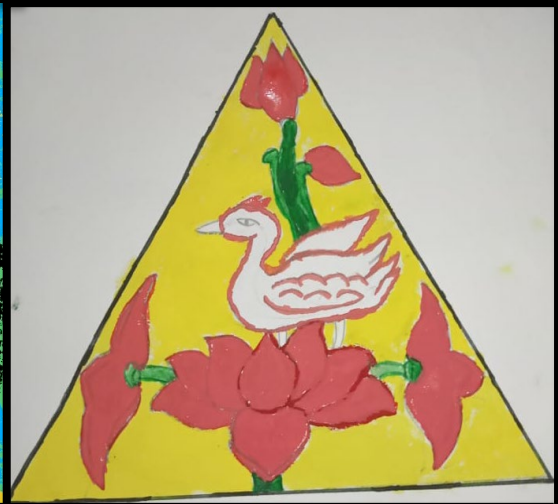
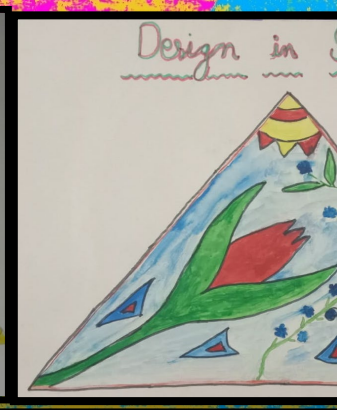
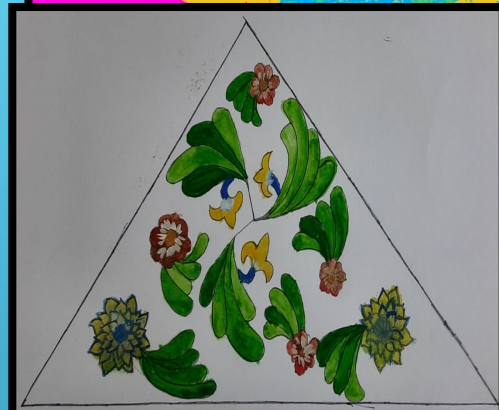
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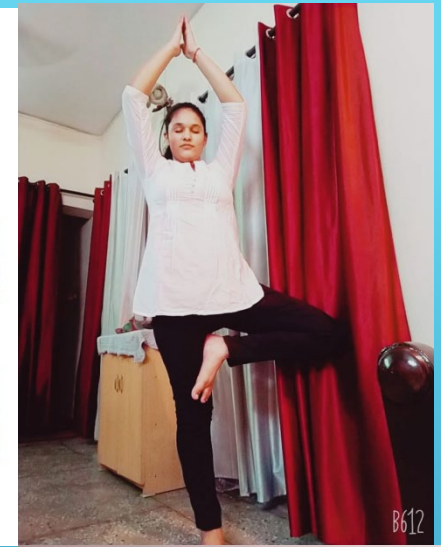
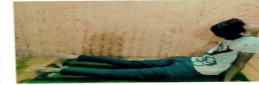
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Raghav VII A





INTERNATIONAL  
YOGA DAY



# WORLD MUSIC DAY



## Indian Ocean



- Location - The Indian Ocean is located between Africa, Australia and Southern Ocean, India.
- Size - The Indian Ocean is the world's third largest ocean and covers 20% of the Earth's surface.
- Width - The greatest width of the ocean is between western Australia and eastern coast of Africa: 1000 km or 620 miles.
- Depth - The lowest point is in the Java Trench which is about 7,258 meters deep. The average depth is about 3,890 meters.
- Important Indian Ocean seaports - 1. Mumbai (India)
- 2. Perth (Australia)
- 3. Durban (South Africa)
- Scientists found 258 tons of plastic in the Indian ocean.
- The Indian Ocean provides home to many endangered sea species such as turtles, seals and dugongs (also called sea cows).

## LESS OCEAN TRASH MORE MARINE LIFE



# WORLD OCEAN DAY

## PACIFIC OCEAN



Over 80,000 tonnes of plastic is there in Pacific Ocean and it is the most polluted ocean in the world, species like Houting, Deepwater Cisco have been extinct. "Please save Ocean".

### Pamphlet - World Ocean Day Atlantic Ocean



Stretching from the Arctic Circle to Antarctica, the **Atlantic Ocean** is bordered by the Americas to the west and Europe and Africa to the east. It's more than 41 million square miles, the second-largest ocean on Earth after the Pacific Ocean.

Details	Creatures	Pollution
<ol style="list-style-type: none"> <li>1. The Atlantic drives our weather patterns, including hurricanes, and is home to many species from sea turtles to dolphins.</li> <li>2. For centuries the Atlantic Ocean has been a key avenue of trade and travel.</li> <li>3. The North Atlantic and South Atlantic each have distinct ocean currents that influence weather around the world.</li> <li>4. Water with high salinity—more salt—also moves into waters with lower salinity.</li> </ol>	<p>The following animals have a significant distribution across the wide waters of the Atlantic Ocean.</p> <ol style="list-style-type: none"> <li>1. Walrus</li> <li>2. Spinner dolphin</li> <li>3. Manatee</li> <li>4. Spotted eagle ray</li> <li>5. Bluefin tuna</li> <li>6. Great white shark</li> <li>7. Green sea turtle</li> <li>8. Leatherback Sea turtle</li> <li>9. Humpback Whale</li> <li>10. Narwhal</li> <li>11. Seahorse</li> <li>12. King Penguin</li> </ol>	<p>There are many causes of ocean pollution. Pollution in oceans begins on land and is caused by humans. Here are some of the major causes of Ocean pollution:</p> <ol style="list-style-type: none"> <li>1. Nonpoint Source pollution</li> <li>2. Intentional discharge</li> <li>3. Oil spills</li> <li>4. Littering</li> <li>5. Ocean mining.</li> </ol> <p>Effects of pollution</p> <ol style="list-style-type: none"> <li>1. Harmful to marine animals</li> <li>2. A threat to human health</li> <li>3. Reduce chemical fertilizer use</li> <li>4. Opt for reusable bottles and utensils</li> </ol>

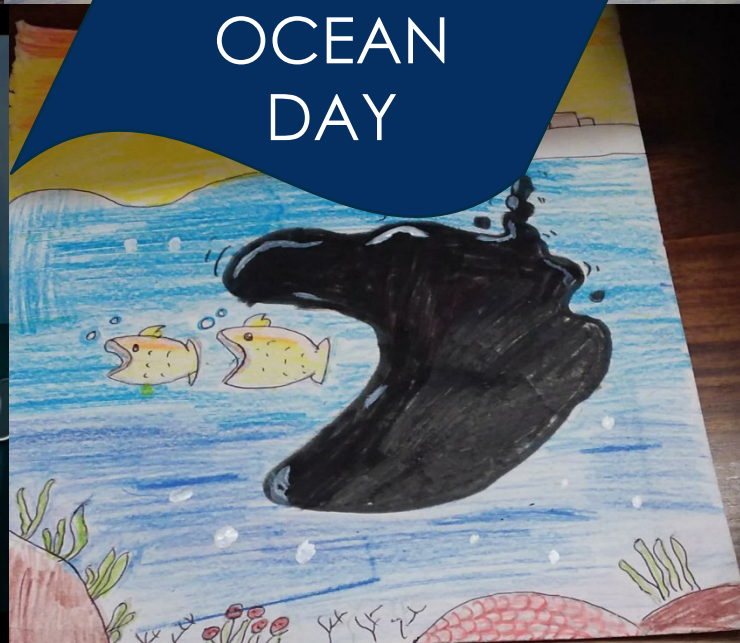
SAVE OCEANS

## INDIAN OCEAN

OVER 300 MILLION TONS OF PLASTIC ARE PRODUCED EVERY YEAR IS DUMPED IN INDIAN OCEAN, HALF OF WHICH IS USED TO DESIGN SINGLE-USE ITEMS SUCH AS SHOPPING BAGS, CUPS AND STRAWS. AT LEAST 8 MILLION TONS OF PLASTIC END UP IN INDIAN OCEAN EVERY

YEAR.

HAPPY WORLD OCEAN DAY



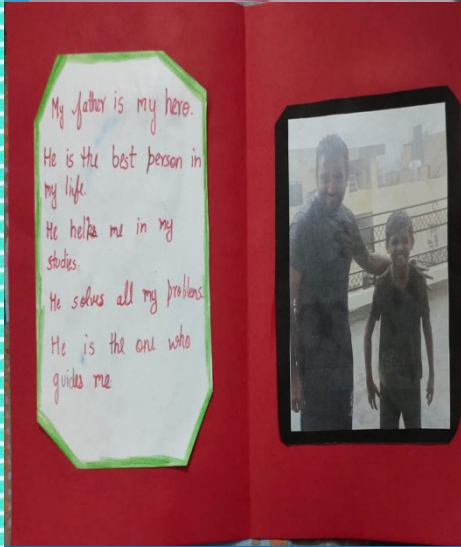
# FATHER'S DAY



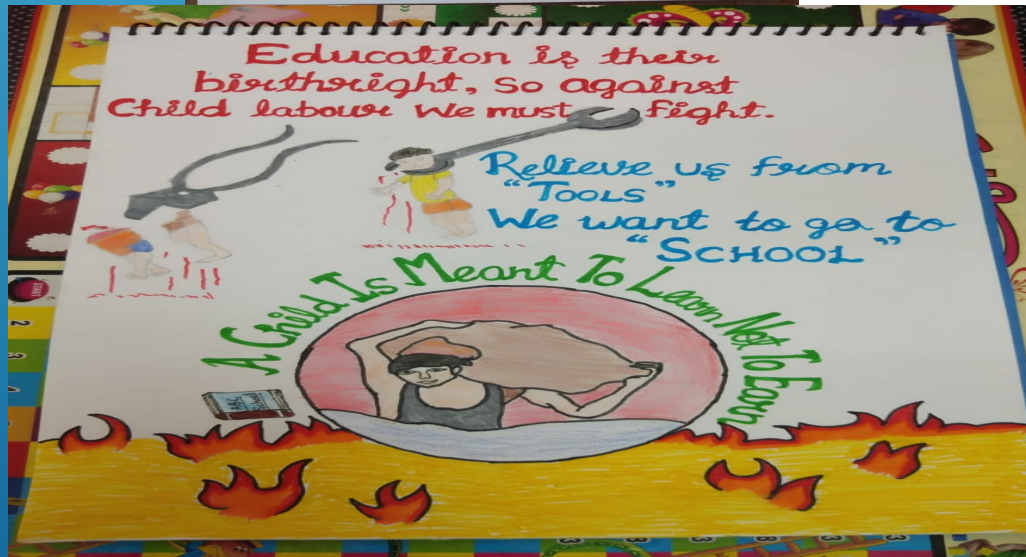
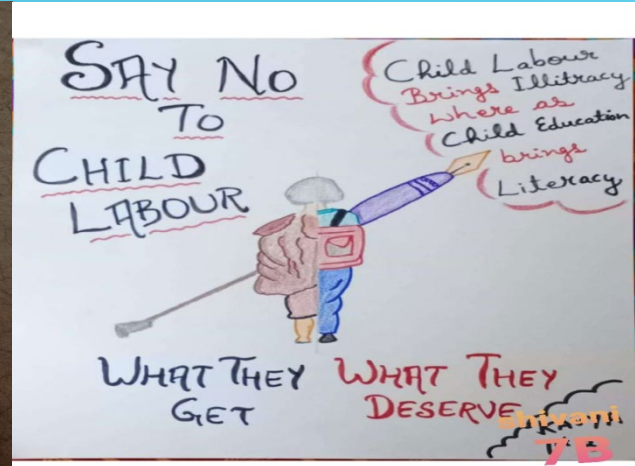
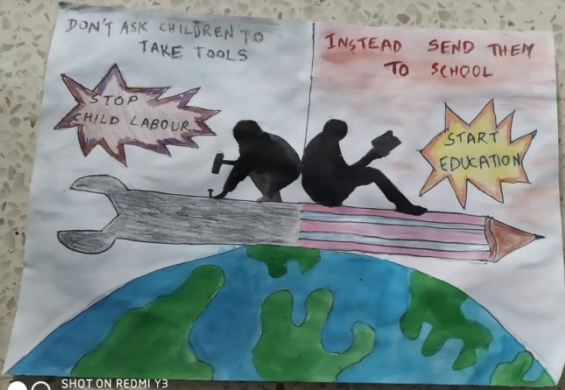
You always stood by me at all times,  
you have made the world a better place.  
Happy Fathers Day!



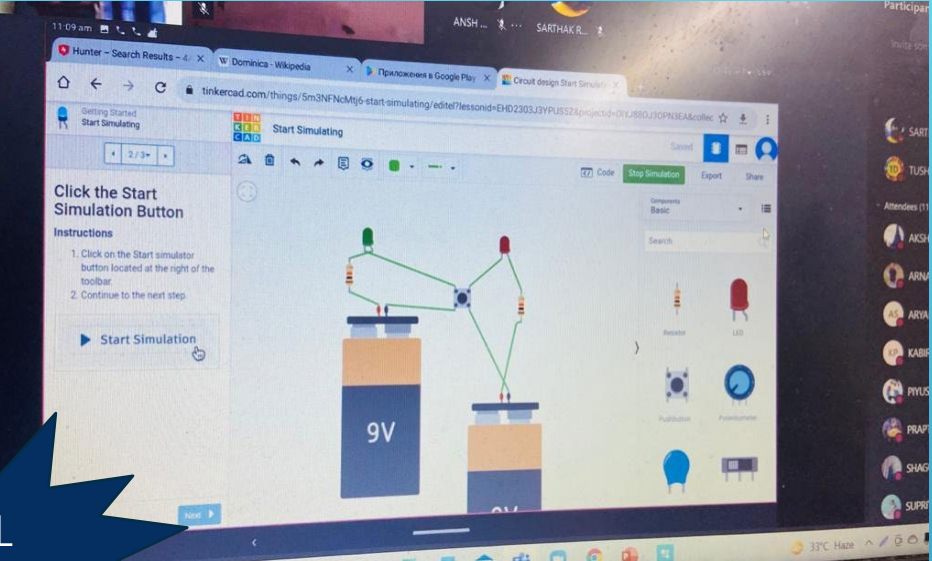
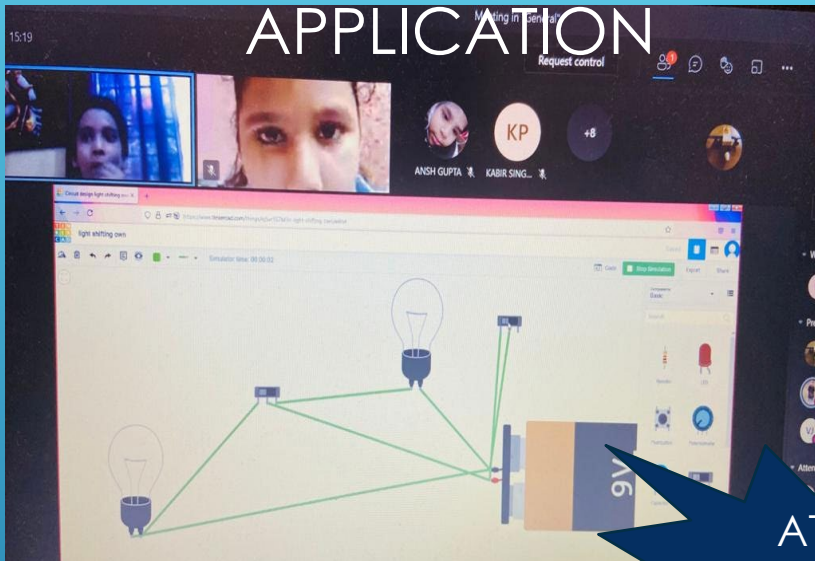
LOVE YOU DAD  
YOU ARE MY  
SUPER HERO



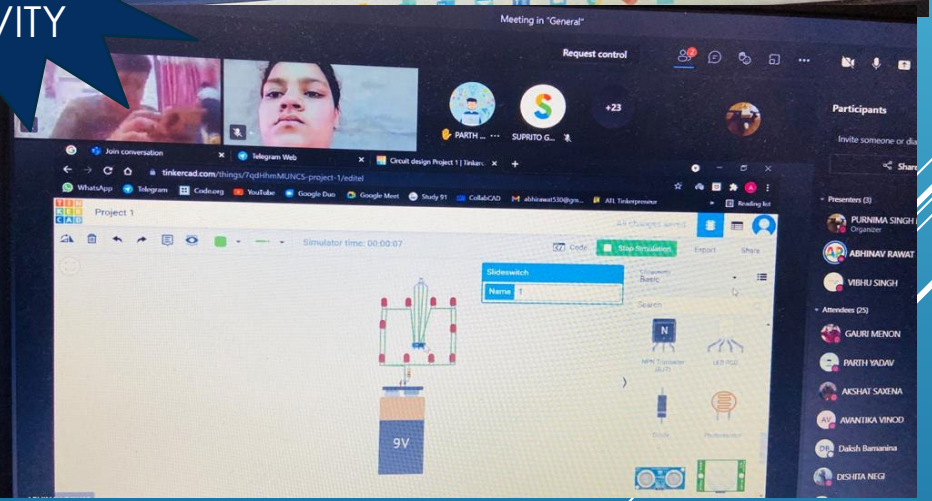
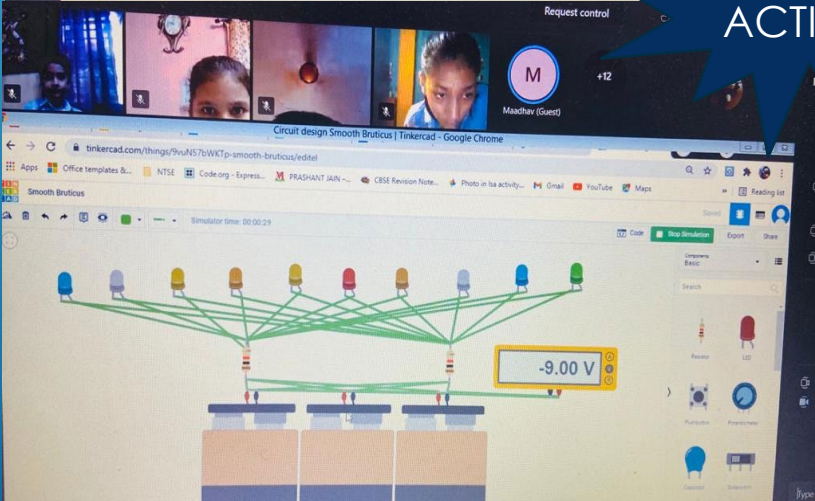
# CHILD LABOUR DAY



# SERIES AND PARALLEL CIRCUITS USING TINKERCARD APPLICATION



ATL  
ACTIVITY



### Parents' Address

We all know that the pandemic has turned our world upside down since the last year, further more the second wave of COVID-19 brought handful of heartbreaking and negative news everyday. One can imagine that how much of an impact it can make on a small child when it leaves us adults in dread. Being a mother hasn't been this hard for me not only I have to take care of the virus not entering the house but also have to keep in mind about my child's mental health. I often play games with her, encourage her artwork and teach her baking which diverges her curious mind from the negativity around us. I would also like to thank her teachers who help mothers like me by encouraging students with various activities online.

Ms. Vidhu Adhikari

Mother of Jasmine adhikari

VII- B.

### Teacher's Address

Think positive and positive things will happen." Sometimes, we find ourselves sailing towards our goal in the best of our shapes but there are times when we might not be able to navigate our way to success. That is the time when we need positive thinking and positive thoughts, the most in our lives. For instance, in the present times when the world is dreading the novel corona virus, while some of us might stop our lives as well as our preparation, wherever we were and just worry about the future and the current scenario.. It is important to eliminate fear and pessimism, because it will only drag you down. Positive thinking gives positive energy, which propels and fuels an individual in the right direction. I would request you all to be positive and spread positivity around.

MS. Ekta Khurana

**CREATIVITY IN WORK:**  
The workshop was taken by the school principal, Ms. Archana Shrivastava wherein she guided the teachers to be more innovative in their teaching and how they can incorporate different activities to make the learning interesting and fruitful for the students.

**BACK TO NATURE--**The teachers were introduced with the ways to get connected with the nature and how they can play a pivotal role at home and in society by incorporating 3 R's- Reduce, Reuse and Recycle in their daily lives.



**INTERNATIONAL YOGA DAY :**  
The school celebrated International Yoga Day with the students and teachers with great fervour .The sports faculty guided all to incorporate yoga in everyday routine to enjoy a happy life and reduce the effects of stress and other physical ailments.

**PEER MEDIATION WORKSHOP FOR THE STUDENTS.-**The students were guided how they can play a crucial role in resolving the conflicts or problems between groups or individuals.

DISHA SHARMA  
21<sup>st</sup> JUNE



## BIRTHDAYS IN JUNE

ANVI BISHT  
17<sup>TH</sup> JUNE



BHAVY PARIHAR  
10<sup>th</sup> JUNE



ZEBA PARVEEN  
4<sup>TH</sup> JUNE



SANA PARVEEN  
18<sup>th</sup> JUNE





**“The secret of  
your success  
is determined by  
your daily agenda.”**

—JOHN C. MAXWELL

